



## Ottawa-based Americana Songstress Francine Honey Lights the Way Through Life with Hopeful, Soaring Single “Hold On”

Life can sometimes get so hard that we must make a herculean effort to search for something that will help keep us going. Award-winning Canadian singer/songwriter Francine Honey captures this acutely in her searing and soaring new single “Hold On” – available now.

A finalist in the 2021 Blues and Roots Radio International Songwriting Competition, “Hold On” began as a collaboration between Honey and Canadian psychologist and professor Dr. Paul T.P. Wong. Wong approached Honey about writing a song for an upcoming conference he was hosting about how to find personal meaning. He had already written a poem on the subject, the theme of which was: How does one keep going? How does one find joy amidst sadness and grief?

“We met and I took some of his other poems and writings, and we created a theme song for the conference,” Honey said. Wong had included some beautiful lines that Honey felt really spoke to the heart, including “we are made of stardust,” and our souls “can reach beyond the stars.” “Those lines resonated deeply for me given my interest in astrophysics and my work as a healer,” she said.

“I loved this song so much that I asked Dr. Wong if I could make a few changes and create my own version to include my belief in the healing power of music – the power of a song to heal a broken heart and take us out of our depths.”

The result is a ballad that begins with piano and then builds rich layers of instrumentation that include electric guitar, lap steel guitar, mandolin, violin, and harmonica. Honey’s warm, soothing voice threads in and out and soars above, showing us not only through the finely honed lyrics but through highly nuanced emotion, there is a way through the grief and pain.

*I want to hear that small voice whisper  
To my forgotten soul  
They say it's never too late to start again  
What breaks your heart will make you whole*

Recorded in Nashville at Skinny Elephant Recording, “Hold On” was produced by Grammy-nominated producer Neilson Hubbard. Dan Mitchell, Miranda Lambert’s musical director, contributed the piano and background vocals.

“Hold On” is available now.

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